

**Phrasal verbs in New Total English Intermediate  
(pages 17, 51, 101)**

- **Break up with**: rompere con qualcuno, lasciare, piantare, mollare  
TERMINATE A RELATIONSHIP, STOP BEING TOGETHER AS A COUPLE  
I think you need to break up with your boyfriend.
  
- **Bring up**: menzionare, parlare di, crescere, allevare, educare  
RAISE A TOPIC, CARE FOR CHILDREN UNTIL THEY ARE ADULTS  
It is not a good idea to bring up politics with my family.  
I was brought up in a small town near London.
  
- **Brush up on**: ripassare, rispolverare, rinfrescare le conoscenze  
REFRESH KNOWLEDGE OF SOMETHING  
I thought I'd brush up on my French before going to Paris.
  
- **Carry on** (doing something): continuare, andare avanti  
CONTINUE DOING SOMETHING  
I started speaking French and then I carried on in English during the interview.
  
- **Catch up with**: raggiungere, riprendere  
TO OVERTAKE, TO CATCH UP, TO REJOIN, TO REACH FOR  
The objective was to catch up with the United States economically by 2010.
  
- **Drop out of**: abbandonare, lasciare, mollare, ritirarsi  
WITHDRAW FROM SOMETHING, LEAVE SCHOOL WITHOUT FINISHING YOUR STUDIES  
He dropped out of school before completing his degree.
  
- **End up**: ritrovarsi, finire (con qualcosa)  
BE IN A PARTICULAR SITUATION AFTER A SERIES OF EVENTS  
If we keep going this way, we'll end up totally lost.
  
- **Get down to** (work): mettersi a fare qualcosa, occuparsi di  
START DOING SOMETHING  
We need to get down to business/work if we hope to finish this today.
  
- **Get on with** (someone): andare d'accordo con qualcuno  
HAVE A FRIENDLY RELATIONSHIP WITH SOMEONE  
I get on well with her.
  
- **Get through** (an exam): superare, sopravvivere, farcela  
SURVIVE, PASS  
The global recession has been tough on everyone, but we will get through it.
  
- **Grow up**: crescere  
DEVELOP FROM BEING A CHILD TO BEING AN ADULT  
He grew up in France. He grew up speaking French.
  
- **Look after** (someone or something): badare a, occuparsi di  
TAKE CARE OF (SOMEONE OR SOMETHING)  
The baby sitter looks after my children.

- **Look for**: cercare  
SEARCH FOR, SEEK

I looked for you at the conference, but I couldn't find you.

- **Look up to** (someone): guardare qualcuno con ammirazione, ammirare qualcuno  
ADMIRE AND RESPECT SOMEONE

I look up to him (I respect him).

- **Make up**: inventare  
INVENT A STORY, A SONG, A JOKE

You should be a writer, you make up such interesting stories.

- **Mess around**: giocare, trastullarsi, gingillarsi  
PLAY, BE UNPRODUCTIVE, FOOL AROUND, WASTE TIME, MESS ABOUT
- Stop messing around and let's discuss this seriously.

- **Pick (something/someone) up**: prendere, andare a prendere, apprendere, imparare  
COLLECT SOMEONE BY CAR, LEARN WITHOUT FORMAL STUDY

I'll pick up the kids from school today.

I pick up new words very quickly.

- **Run out of**: finire, terminare, essere senza  
CONSUME, FINISH

We ran out of money/milk (there is none left)

- **Take after (someone)**: prendere da, richiamare, assomigliare  
LOOK OR BEHAVE LIKE ANOTHER MEMBER OF YOUR FAMILY

I can draw very well. I took after my father, he was an artist.

- **Take off**: decollare, togliersi un capo di abbigliamento  
REMOVE CLOTHING, DEPART (PLANE)

I entered the room and took off my coat.

The plane took off at 8.

- **Tell (somebody) off**: sgridare, rimproverare, dirne quattro a qualcuno  
TALK ANGRILY TO SOMEONE BECAUSE THEY HAVE DONE SOMETHING WRONG

I tell my children off if I hear them speaking in Italian.

- **Work out**: esercitarsi, allenarsi  
EXERCISE

We're going to the gym to work out this afternoon.

- **Work (something) out**: risolvere qualcosa, calcolare  
CALCULATE, RESOLVE

I finally worked out my income taxes, and now I have to send the government a check.

They have a lot of problems to work out with their marriage.