

Self defense instructor

1) **SKIMMING:**

- a) Read the title (heading) and subheading: what do you think the text is about?
- b) Read the 1st paragraph: does it give you an overall impression of the content of the reading?
- c) Now, quickly look at the first lines of each paragraph and read the last one: what is the text about? Verify your first hypothesis.

2) **SCANNING:**

- d) Now, read the whole text once and try to find this specific information:
- e) List the various types of physical, moral and psychological violence against women reported in the text:

1.	2.
3.	4.
5.	6.
7.	8.

- f) List the various counteractions and measures which can be taken to protect women online, according to the text:

1.	2.
3.	4.
5.	6.
7.	8.

g) **Describing people**

1) Who is Nighat Da? What does she do?	2) How is she described by her admirers?

h) **Explain these expressions in your own words:**

to be targeted	to doctor photos
to go unreported	to befriend someone on Facebook
to be duped	to seek help

i) **Reading comprehension questions: reread the whole text and answer the following questions:**

1. What do you know about the country this story is about?
2. What was Nighat’s main aim in setting up the Digital Rights Foundation?
3. Why did the young women in the lecture hall raise their hands?
4. Look up the word ‘harassment’ in a good dictionary. In which contexts is it most often used?
5. What other aims does her Foundation have? Is it a problem particular to Pakistan?
6. The article mentions a statistic of 65%; what does the percentage refer to?
7. Which other statistics are most shocking about a country such as Pakistan?
8. What do you think ‘a culture of real-world fear’ means?
9. How does the government try to censor and control the Internet? Give examples.
10. Bonus question: *censor* and *censure* and *sensor* sound very similar. What’s the difference in meaning?
11. Do you think the fact that Nighat is a woman has determined her fame and influence?

j) **Write a summary using at least 10 of the new words and phrases you found in the reading.**